

### What Do Bed Bugs Look Like?

#### Adults

Small, flat, oval-shaped, 1/4" long. Adult bed bugs are brown to reddish-brown after a blood meal.



#### Immature bed bugs

Become larger and blonde with each developmental stage (5 in all). Blood meals are needed to progress to the next stage.



#### Nymphs/hatchlings

Translucent and very difficult to see until a blood meal makes a dark brown spot in their abdomen.



#### Eggs

Tiny (1mm), oval, pearly white and hatch into nymphs. Females can lay up to 5 eggs each day and up to 500 eggs in a lifetime.



### How Bed Bugs Survive & Spread

- Bed bugs feed on the blood of humans, small animals or birds, typically at night.
- Bed bugs can live as long as a year and a half and survive almost a year without eating.
- They can tolerate a wide range of temperatures, but can't survive in temperatures over 120 degrees, which is why heat treatment is so effective.
- Bed bugs do not fly or hop, but they can crawl and run both horizontally and vertically, making them excellent hitchhikers.
- They will "hitch" a ride on clothing, furniture or other items and set up home at their new location.

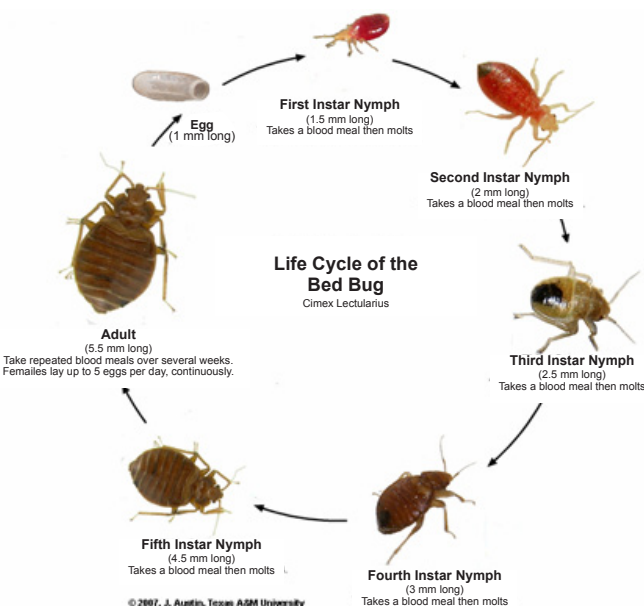
### Signs I have Bed Bugs

- Reddish blood and/or dark fecal spots on bedding and furniture.
- Shed skins of young bed bugs.
- Crushed or dead bed bugs.
- Red spots on your body that weren't there before you went to bed. However, not everyone has a reaction to bed bug bites.



### I Have Bed Bugs - What Do I Do?

- Contact a professional. Bed bugs are difficult to find and remove on your own.
- Careful vacuuming of furniture can help, but the vacuum must be emptied and cleaned immediately after. Bed bugs can survive the vacuum cleaner.
- Mattresses and furniture do not have to be thrown out; they can be saved by using bed bug approved mattress and box spring encasements.
- Remove clutter. It provides great hiding places for bed bugs and makes it more difficult to treat and remove bed bugs.
- Don't change where you sleep. This will just cause the infestation to spread to other rooms.
- If you do remove bed bug infested items, make sure they are placed in plastic bags that are secured tightly. Placing infested items on the curb result in bed bugs spreading to a new location.



Please feel free to contact us if you have questions or would like to schedule a free inspection.  
**1-800-966-ROSE (7673)**