

## AVOID INFESTATIONS

### Inspect for bed bugs.

- Use a flashlight to inspect for signs of bed bugs including blood spots, excrement and/or cast skins. Confirm that insects are bed bugs prior to treatment.



### Eliminate hiding places by removing clutter.

- This will help minimize the hiding places for bed bugs.



### Vacuum to reduce bed bug populations.

- Use the vacuum crevice attachment with a nylon stocking placed inside to act as a vacuum bag.
- Carefully vacuum rugs, floors, under and around bed frames, all cracks/crevices, behind picture frames and around furniture.
- Tie up and place the used stocking in a sealed plastic bag immediately after vacuuming to avoid reinfesting the house.



## WITH THESE SIMPLE STEPS

### Frequently wash and heat-dry bedding, clothing.

- Wash and dry items at the highest temperature possible.
- Place items in the dryer at the highest setting possible for 20 minutes to kill suspected bed bugs and their eggs.

### Don't panic and throw out all of your belongings.

- Bed bugs are difficult, but not impossible to eliminate. Most items can be treated and saved.

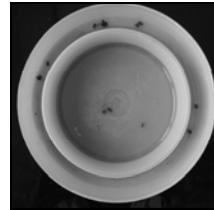
- There are mattress and box spring encasements with a special zipper design that will protect them from bed bugs. *Contact your local Rose office to purchase casement covers.*



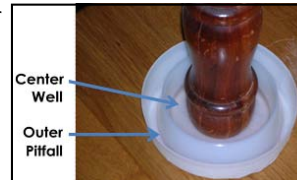
- Professional pest control treatments can also help you save your belongings with a comprehensive bed bug removal program. Ask us for more information.

### Use Interceptor cups to track bed bug activity.

- Bed bug interceptor cups are a monitoring tool that can be used under the legs of bed frames, chairs and other furniture. They can help you determine if you have bed bugs and/or if treatment was successful.



- The "Climb-Up" Interceptor has two wells: a center well and outer pitfall, which help determine if the bed bug is coming onto or exiting the furniture. *Contact your local Rose office about purchasing interceptor cups.*



# HOME FROM SCHOOL



## BED BUG FREE





[www.RosePestSolutions.com](http://www.RosePestSolutions.com)

800-966-7673

## PREPARATION & PACKING

Sort belongings into *two* groups and follow instructions.

### 1 Washer/Dryer Safe Items

- Wash and dry items at highest temperature possible. 
- If only drying, place items in the dryer at the highest setting possible for at least 20 minutes. 
- Place the cleaned and/or heated items in a sealed plastic container or bag and label as **"CLEAN"**.

### 2 All Other Belongings

- Place in sealed plastic bags or containers and label as **"INSPECT"**.
- Furniture or items too large to place in a sealed bag or container should not be transported home from an infested room without being treated by a pest management professional.

### Bag and Container Samples



## TRAVEL DAY

Keep the **CLEAN** items separated from un-inspected on the way home.

- The student should shower and change into clothes that have been washed/dried and stored in a sealed plastic container or bag labeled **"CLEAN"**.
- Any dirty clothes should be placed and transported in sealed plastic containers or bags. Label bag as **"WASH"**.

## ARRIVING AT HOME

Make sure all items unpacked at home are bed bug free or the home could quickly become infested.

- Any dirty clothes should go immediately into the washer/dryer. If more than one load is to be done, leave successive loads in their plastic containers or bags outside the home until it is time to launder them.
- Un-washable items sealed in containers or bags should be carefully inspected before bringing them into the house.
- Any items that have not been fully inspected may be harboring bed bugs and should be left outside the home until it is de-infested.
- Small items that may be infested and are *not heat sensitive* can be placed in the dryer at the highest setting for at least 20 minutes. Some dryers have racks to dry items without tumbling them.

## IDENTIFY BED BUGS



Bed bug nymphs are about the size of two grains of salt. Adults are under 1/4" long. Color ranges from beige (before feeding) to reddish-brown (after a blood meal).

Bed Bug Eggs



Fecal Spotting & Cast Skins



## LEARN MORE

Look here for more information about bed bugs, what they look like and how to inspect for them.

[www.RosePestSolutions.com](http://www.RosePestSolutions.com) (bed bug link):

**"What You Need To Know About Bed Bugs" Flyer**

How to identify and inspect for bed bugs and what to do if you find them.

**"Bed Bug Services" Flyer**

Describes the various bed bug elimination services available from Rose Pest Solutions.

**"How To Inspect For Bed Bugs" PPT**

Provides step-by-step instructions on how to inspect your room for bed bugs.

[www.michigan.gov/emergingdiseases](http://www.michigan.gov/emergingdiseases):

- Select: "Spotlight" & "Don't Let The Bed Bugs Bite".
- Various bed bug fact and information sheets.